Dear Parents and Carers,

OPEN DAY
Open Day last Thursday was a great success and I would like to thank the staff, students and parents for their hard work in preparing the school to look its best. Many potential parents commented on our wonderful Year 6 Leaders, the friendliness of staff students and parents, how well maintained the school is and what a great reputation the school has in the community. Special thanks to the parents who offered hospitality of a cuppa and a chat to all the visitors.

END OF MAY IS HATS OFF DAY
In June and July, hats go away! Being SunSmart is all about being “smart” when spending time outdoors in the sun, this includes having an understanding around the balance between UV exposure, sun protection and vitamin D.

During the summer period, maintaining vitamin D levels should be relatively easy for children who are active and spend time outdoors most days of the week, even with sensible sun protection.

The body should be able to store your summer vitamin D levels over the winter period, however by leaving your hat at home during this low UV period and getting some winter sun exposure to your skin, you are more likely to maintain adequate vitamin D levels during this cold period of the year.

In winter, by exposing some skin most days of the week during the lunchtime period (the middle of the day is best because UVB will be present), students and teachers should be able to maintain the bulk of their summer vitamin D. Of course there will be groups in the population that are at higher risk of having vitamin D deficiency. To read more about vitamin D visit Cancer Council ACT’s website.

ENROLMENT PERIOD
A reminder to parents that the Catholic schools’ enrolment period closes FRIDAY. If you have a younger child who is commencing school in 2017, or have friends at preschool and childcare who are interested in enrolling at St Clare of Assisi, please let them know.

SCHOOL UNIFORM
All students should now be in correct school uniform. This means correct shoes, ties, etc. A reminder note will be sent home for students who are continually disregarding school policy.

SCARVES, COATS & BEANIES
The cooler weather recently has seen the welcome emergence of scarves, coats and beanies. Please remember that these items should be navy blue. Please ensure these items are clearly marked with your child’s name.

LEAVING SCA
Don’t forget to let us know if you are planning to leave St Clare of Assisi at the end of the year. (Year 6 exempt of course!) We will soon commence the process of planning enrolments and class numbers for next year.

Have a great week.

Brad Gaynor
Principal
brad.gaynor@cg.catholic.edu.au

TERM 2 SCHOOL FEES
School fees were emailed on Monday afternoon. If you receive paper copies they were sent home with your eldest child yesterday. Can you please ensure you have received a copy of your fees, if not please contact: Jo McCarthy at the front office on 6294 1860.

If you would like your fees emailed, please send an email from the email address you wish to use to:

jo.mccarthy@cg.catholic.edu.au

Please note fee statements are unable to be sent to hotmail accounts.
Religious Education

Be the Light of...Faith
Catholic, Identity, Prayer and Tradition

Mini Vinnies

Congratulations to our Year 6 Faith Leaders, who were commissioned as our school Mini Vinnie’s Leaders last Friday. Sarah and Jamie from St Vincent de Paul visited school to present the group with their certificates and badges.

Class Mass this Friday 20th May:
3 Red and 3 Yellow

Seasons for Growth

Beginning early Term 3, we will be implementing a 9 session program called ‘Seasons for Growth’. Staff who are formally trained as ‘Companions’, spend time with a small group of students who are dealing with some aspect of change, separation, loss or grief. The sessions do not provide counselling or therapy. Instead, they:

- aim to support young people to understand and manage the grief that is experienced because of change, the loss of a parent or significant other through death, separation or divorce.
- assist in normalising the emotions associated with the loss
- encourage the expression of thoughts and emotions
- educate about the grief process
- develop a peer support network
- help restore self-confidence and self esteem
- draw on extensive research in developing a sound educative response to loss and grief.
‘Seasons for Growth’ provides opportunities for students in Years 1 to 6 to integrate the appropriate knowledge, skills and attitudes to understand and cope with change, loss and grief, using the symbolism of the four Seasons. It helps children to:

- accept the reality of loss
- work through the pain of grief
- adjust to an environment in which a significant person is no longer present
- emotionally relocate and move on with life.

However, they do suggest that the young person completes the program six to twelve months after the loss, as they are in better position to cope with the program.

As recommended by the Good Grief Organisation, each child should only complete the program once in each of the three stages. This effectively means that students can only participate in the program every second year at school.

This program is strictly confidential and implemented with discretion and sensitivity. Please feel free to talk to me if you have any concerns or issues you would like to further discuss regarding this nomination. If you think that this program is something that your child or children would benefit from, please write their names below and the reason for nomination and send it back to school in a sealed envelope, addressed to Mrs Myles. Please return nomination form by Friday 3rd June, Week 6.

After nominations are made and numbers are ascertained, a permission slip and further information will be sent home via your child.

Mrs Carmen Myles
Religious Education Coordinator

Seasons for Growth Nomination Form 2016

I/We ___________________________ would like to nominate our child/ren for the Seasons for Growth program for 2016.

Child/ren’s names:

1. _____________________________ Class: ______________
   Reason for nomination:

2. _____________________________ Class: ______________
   Reason for nomination:

Parents/Carers signature: ___________________________________________________________
Congratulations to the following students:

<table>
<thead>
<tr>
<th>AWARD RECIPIENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kobe Aoki</td>
</tr>
<tr>
<td>Alison Boyle</td>
</tr>
<tr>
<td>Luke Cornelius</td>
</tr>
<tr>
<td>Jeremy Jacobs</td>
</tr>
<tr>
<td>Kiara Mackie</td>
</tr>
<tr>
<td>Liam McMahon</td>
</tr>
<tr>
<td>Alexia Moroglou</td>
</tr>
<tr>
<td>Taylah Muller</td>
</tr>
<tr>
<td>Nyuon Nhial</td>
</tr>
<tr>
<td>Mitchell Noble</td>
</tr>
<tr>
<td>Angus Robertson Taylor</td>
</tr>
<tr>
<td>Blake Senini</td>
</tr>
</tbody>
</table>

White Cards are given out to the children on Friday morning at the 8.50am assembly.

### Canteen Roster

<table>
<thead>
<tr>
<th></th>
<th>Thursday 19th May</th>
<th>Friday 20th May</th>
<th>Monday 23rd May</th>
<th>Tuesday 24th May</th>
<th>Wednesday 25th May</th>
</tr>
</thead>
<tbody>
<tr>
<td>Morning</td>
<td>Ellie Mowlam</td>
<td>HELP NEEDED</td>
<td>HELP NEEDED</td>
<td>Nicki Muir</td>
<td>Meg Haynes</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Crystal Tunningley</td>
<td></td>
</tr>
<tr>
<td>Afternoon</td>
<td>HELP NEEDED</td>
<td>Kathryn Russell</td>
<td>HELP NEEDED</td>
<td>Nicki Muir</td>
<td>HELP NEEDED</td>
</tr>
</tbody>
</table>

### SCA Walking Club

Walking club this Friday 20th May. We will meet outside Coffee Guru at 9am, walk around Gordon Pond and back for a coffee!! We look forward to seeing some new faces.

The Parent Network

### SECOND HAND UNIFORM SHOP

**OPENING HOURS:**
- Monday: 8:45am – 9:15am
- Wednesday: 2:30pm – 3:00pm
- Friday: 8:45am – 9:15am

### CRAFT COORDINATOR REQUIRED

The planning for SCA’s annual fete is well underway and we require the assistance of someone who would be willing to coordinate the Craft stall. If this sounds like something you may be interested in please contact Annette Galvin or Val Ciuffetelli on 6294 1860.

annette.galvin@cg.catholic.edu.au or val.ciuffetelli@cg.catholic.edu.au
Swimming Timetable for Years 3 to 6

**Years 3 to 4 Aqua Safe Program**  
Years 5 to 6 Bronze Rescue Program  
Term 2 - Weeks 4 and 5

**VENUE:** LAKESIDE LEISURE CENTRE, GREENWAY

<table>
<thead>
<tr>
<th>Dates</th>
<th>16th May 2016 to 27th May 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>TIMESLOTS:</td>
<td></td>
</tr>
<tr>
<td>9.30am – 10.00am</td>
<td>3 Red &amp; 3 Green</td>
</tr>
<tr>
<td>10.05am - 10.35am</td>
<td>3 Blue &amp; 3 Yellow</td>
</tr>
<tr>
<td>10.40am - 11.10am</td>
<td>4 Blue &amp; 4 Green</td>
</tr>
<tr>
<td>11.15am - 11.45am</td>
<td>4 Red &amp; 5 Blue</td>
</tr>
<tr>
<td>12.20pm - 12.50pm</td>
<td>5 Green &amp; 5 Red</td>
</tr>
<tr>
<td>12.55pm - 1.25pm</td>
<td>6 Green &amp; 6 Blue</td>
</tr>
<tr>
<td>1.30pm - 2.00pm</td>
<td>6 Red &amp; 6 Yellow</td>
</tr>
</tbody>
</table>

Please refer to the note sent home in week 2 regarding the additional clothing students are required to bring to the swimming pool.

Attention Year 6 Parents considering MacKillop

Dear Parents and Carers

The Year 7 2017 enrolment period will close on Friday 20 May 2016. Should you be considering MacKillop for your daughter or son for Year 7 next year, please submit your application by Friday 20 May. Enrolment forms submitted after this date may be placed on a waiting list.

If you have any questions about the enrolment process, please contact the Enrolment Officer on 6209 5217.

Netball 14 May

**Player of the Week and Match Reports**

**Stars** – Wk 1 – Emily Blenkin, Wk 2 – Isobel Hill, Wk 3 – Ruby Martel, Wk 4 – Juliana Lauc, Wk 5 – Ayla Chick. The girls had an amazing game on Saturday, with each of the girls putting in so much effort in both attack and defence. They are all champions!

**Swifts** – Lara Breen. Congratulations to the players from the Swifts. You have all made a fantastic start to the season and are displaying great netball skills for beginning players. Well done!

**Sunshines** – Angela Phillipa  
**Slushies** – Keira Garth  
**Skittles** – Teha Hocking  
**Sparkles** – Nevaeh Palmer  
**Smurfs** – Isabel Lewis  
**Smarties** – Jenny Atkinson  
**Superstars** – The Whole Team  
**Smiggles** – Faith Caldwell

**Skittles Match Report**

The Skittles played a tough game against Trinity on Saturday. The girls showed off their fierce defence skills with lots of amazing intercepts. They have been working on putting their hands up to defend over the ball and coming forward for the pass, all the girls displayed great improvement in both areas. The Skittles were fantastic with the ball and throwing big passes down the court and into the circle, enabling some great shots! Every week the whole team takes the court with determination, excellent team work and a true love for the game. Well done Skittles!!
St Clare of Assisi

Masquerade

Themed Disco
Friday 27th May 2016

All SCA students (only) are invited to the first school disco for 2016!!

Come disguised with a MASK – use feathers, paint, glitter, ANYTHING and make an amazing mask. Get creative!

**Junior Disco Kinder, Yrs 1 & 2** 6.00pm – 7.00pm (please pick up at 7.00pm sharp)
**Senior Disco Yrs 3, 4, 5 & 6** 7.15pm – 8.30pm (please pick up at 8.30pm sharp)

**$7 pre-purchase disco bags** are available (includes disco entry, glow products, snacks and a drink) or $3 for entry only. **COLLECT BAGS ON THE NIGHT.** Not available to purchase on the night.

**Sausage sizzle** 5.30pm to 8.00pm: $2 Sausage Sandwich and $2 Drinks. Not included with the pre-purchase bag.

**A Water station** will be available for the children inside the hall.

**Here’s the Coffee** will be under the hayshed from 6.00pm to 8.00pm selling hot drinks.

Parent helpers will get you if your child needs you.
We will have seating available under the hayshed and at the rear of the hall if parents wish to remain as we need to keep the dance floor clear with such a large number of children.

**PERMISSION NOTE**

Please make payment and return note together no later than Monday 23rd May 2016

Name: ..........................................................................................................................Chi
Child’s Class: ................................
Name: ................................................................................ ........................................Child’s Class: ................................
Name: .....................................................................................................................Child’s Class: ..............

PAYMENT Options:  □  Cash       OR       □  via Flexischools (same as lunch orders) [www.flexischools.com.au](http://www.flexischools.com.au)

___________ x Disco bags @$ 7:00ea  OR  ____________ x Disco entry only @ $3:00 each

I give permission for my child / children to attend the SCA Disco

Signature: .................................................................  Emergency Contact Number: ☎ ...........................................

☐  YES I would like to be a Parent Helper for the disco
(Denise Driessen or Trudie Heinrich will be in contact with you on the number given above)
St Clare of Assisi

Masquerade

Themed Disco
Friday 27th May 2016

If you are able to help out at either the Junior or Senior Disco please contact either:

Denise Driessen dddriessen11@optusnet.com.au or call 0402 289 996
Or
Trudie Heinrich trudieheinrich@hotmail.com or call 0420 719 373
Or
Complete the slip below and return it via the blue bag for your child’s class or hand it in at the Front Office.

The SCA disco is run by Parent Volunteers only.
If we have no volunteers, we unfortunately have no school disco.

NOTE: All parent volunteers must have a Working with Vulnerable People Registration card or be willing to complete a Statutory Declaration. Please contact the SCA Front Office 02 6294 1860 for further information.

Thank you in advance!

................................................................................................................................................................................

Please return note no later than Monday 23rd May 2016

I can assist with the:

☐ Junior Disco (Kinder, Yrs 1 & 2)

☐ Senior Disco (Yrs 3, 4, 5 & 6)

(Please tick both boxes if you can assist with both discos!)

Name: ........................................................................... Contact Number: .................................................................

Email: ........................................................................................................................................................................... ☐ I am trained in First Aid

(The volunteer roster will be emailed to you a few days before the disco)

Child’s/Children’s Name/s: ....................................................... Class/s: .................................................................
A big thank you to everyone involved for making the 2016 SCA Cross Country a fun and successful event!!
Do you have any unwanted shoeboxes??
We would love to take them off your hands.. please send them into the Front Office (empty of course!)

We would also appreciate any of the larger Moccona coffee jars..
If you have any we are happy to recycle them for you.

DON'T THROW THEM AWAY