Dear Parents and Carers,

DISCO
Special thanks to Denise Driessen and Trudie Heinrich for their tireless effort and exceptional coordination of the disco on Friday night. It was an enormous success.
- A total of 350 students pre-paid to attend the disco, but many others paid on the night.
- A total of 69 Parent Volunteers (36 Junior and 33 Senior) assisted. There were 21 Year 6 Student Leaders who volunteered to be on the floor for the Junior Disco.
- Thank you to the very talented Michael Ferrick who did a stirling job getting down with the kids and making the disco a real fun event.
- M&K Meats (Marcus and Kate Flask) supplied the sausages. Thankyou!
- Marie from ‘Here’s the Coffee’ offered the volunteers coffee on the night.
- Due to the great success of the Disco $1000.00 from the profits will go to charity.

STAFF NEWS
This week we welcomed Leisa Bryson who will work in the Front Office for two days a week.

LEAVING ST CLARE OF ASSISI
If you anticipate that your child will leave St Clare of Assisi at the end of this year, could you please notify the Front Office or complete the slip attached and return it to school. We need to begin planning for staffing and class configurations for 2017. Thank you to those who have let us know already, this is very much appreciated. Naturally Year 6 parents need not respond to this request.

SEMESTER 1 REPORTS
This year Semester 1 Reports will be sent home on the last day of term, July 1st. This will provide more time for effective teaching, learning and assessment to take place. Parents will have an opportunity to meet with their child’s class teacher early next term to discuss reports if they wish.

PEER SUPPORT
Peer Support will commence this Thursday and continue for eight sessions. Peer Support is a program led by Year Six students and involves all students in small groups. It provides students with a supportive learning environment in which to develop the skills, understandings, attitudes and strategies to improve mental well being and develops key skills in resilience, assertiveness, decision making, problem solving and leadership.
How does the peer support program support other school initiatives?
• It is outcomes based and designed to integrate into school curricula.
• It supports complementary initiatives such as student welfare, pastoral care, KidsMatter, buddy programs and antibullying.
• It enhances a positive school culture.
• It emphasises the adoption of a whole school approach to include teachers, parents and students.

We have found this program to be excellent over the last few years and we are looking forward to the commencement of Peer Support in our school this week. Peer Support takes place on either a Thursday or Friday depending on school commitments.

This year the theme we will work with is Living Positively. This unit that the yr6 children will use with the children is based on the research that children cope better with the world’s challenges with a combination of optimism and resilience. It focuses on maintaining positive thought patterns and in giving the children purpose and direction. It identifies children’s strengths, such as curiosity, kindness or teamwork, and how this can assist others as well as ourselves.

Have a good week.

Val Ciuffetelli
Assistant Principal
val.ciuffetelli@cg.catholic.edu.au

SUNSMART POLICY - HATS

Research from the ACT and NSW Cancer Councils has highlighted the need for Vitamin D in children, which is gained largely through exposure to sunlight. So, in keeping with the Sunsafe Policy, the wearing of school hats will be optional for the months of June and July. ‘Hats on’ Day will be 1st August. If the children choose to wear their hat, it must be the school uniform hat.

STUDENTS NOT RETURNING TO ST CLARE OF ASSISI IN 2017 (Not Year 6)

• My child/children have an Enrolment Application pending at another school
• My child/children will not be returning to SCA in 2017

Child’s Name: ______________________________________ Class: _______________________
Destination School: ______________________________________________________________
Forwarding Address: ______________________________________________________________
Parent’s Signature: ______________________________________________________________
Our Year 6 students have spent today at Holy Family Church at Gowrie. They have been learning more about the Sacrament of Confirmation, prayer, meditation and practising for their Confirmation masses. We hope all of our Year 6 students enjoyed the day as part of their leadership and faith journeys. Confirmation masses will be celebrated in Week 9 of this term over Tuesday, Wednesday and Thursday nights.

**Seasons for Growth**

Beginning early Term 3, we will be implementing a 9 session program called ‘Seasons for Growth’. Staff who are formally trained as ‘Companions’, spend time with a small group of students who are dealing with some aspect of change, separation, loss or grief. The sessions do not provide counselling or therapy. Instead, they:

- aim to support young people to understand and manage the grief that is experienced because of change, the loss of a parent or significant other through death, separation or divorce.
- assist in normalising the emotions associated with the loss
- encourage the expression of thoughts and emotions
- educate about the grief process
- develop a peer support network
- help restore self confidence and self esteem
- draw on extensive research in developing a sound educative response to loss and grief.
‘Seasons for Growth’ provides opportunities for students in Years 1 to 6 to integrate the appropriate knowledge, skills and attitudes to understand and cope with change, loss and grief, using the symbolism of the four Seasons. It helps children to:

- accept the reality of loss
- work through the pain of grief
- adjust to an environment in which a significant person is no longer present
- emotionally relocate and move on with life.

However, they do suggest that the young person completes the program six to twelve months after the loss, as they are in better position to cope with the program.

As recommended by the Good Grief Organisation, each child should only complete the program once in each of the three stages. This effectively means that students can only participate in the program every second year at school.

This program is strictly confidential and implemented with discretion and sensitivity. Please feel free to talk to me if you have any concerns or issues you would like to further discuss regarding this nomination. If you think that this program is something that your child or children would benefit from, please write their names below and the reason for nomination and send it back to school in a sealed envelope, addressed to Mrs Myles. Please return nomination form by Friday 3rd June, Week 6.

After nominations are made and numbers are ascertained, a permission slip and further information will be sent home via your child.

Mrs Carmen Myles
Religious Education Coordinator

Seasons for Growth Nomination Form 2016

I/We ________________ would like to nominate our child/ren for the Seasons for Growth program for 2016.

Child/ren’s names:
1. _____________________________ Class: ______________

Reason for nomination:


2. _____________________________ Class: ______________

Reason for nomination:

Parents/Carers signature: __________________________________________________
SCA Walkathon 2016

ONLY 2 MORE SLEEPS TO GO!!!!

Come along and join in the fun of our annual Walkathon!

The more the merrier so bring your babies, bikes and beautiful faces and take a stroll around Gordon Pond!

We are still looking for helpers to make the day run smoothly, so if you can help out please contact the office ASAP.

PLEASE BE AWARE THAT ALL HELPERS ARE REQUIRED TO HOLD A CURRENT WORKING WITH VULNERABLE PEOPLE CARD AND MUST HAVE IT ON THEM ON THE DAY.

Highest money raiser girl K-2 – Giant box of Friends Lego

Highest money raiser boy K-2 – Giant box of City Lego

Highest money raiser girl 3-6 – Instax camera pack

Highest money raiser boy 3-6 – Skullcandy headphones

MAJOR PRIZE – AN IPAD MINI

The class who raises the most money get spoilt for a whole day, the class who raises the 2\textsuperscript{nd} highest amount gets a movie and popcorn afternoon.

The whole school will get to have a silly sock day, crazy hair day and a pyjama day if we reach each of our targets!
White Cards Week 6 Term 2

Congratulations to the following students:

<table>
<thead>
<tr>
<th>AWARD RECIPIENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aluel Aleer</td>
</tr>
<tr>
<td>Owen Gillespie</td>
</tr>
<tr>
<td>Noah Hannaford</td>
</tr>
<tr>
<td>Juliana Lauc</td>
</tr>
<tr>
<td>Ryan Mapstone</td>
</tr>
<tr>
<td>Liam Philippa</td>
</tr>
<tr>
<td>Mikah Ramirez</td>
</tr>
<tr>
<td>Zoe Rixon</td>
</tr>
<tr>
<td>Liam Saxon</td>
</tr>
<tr>
<td>Sophie Webb</td>
</tr>
</tbody>
</table>

White Cards are given out to the children on Friday morning at the 8.50am assembly.

Canteen Roster

<table>
<thead>
<tr>
<th></th>
<th>Thursday 2nd June</th>
<th>Friday 3rd June</th>
<th>Monday 6th June</th>
<th>Tuesday 7th June</th>
<th>Wednesday 8th June</th>
</tr>
</thead>
<tbody>
<tr>
<td>Morning</td>
<td>Ellie Mowlam</td>
<td>NO LUNCH ORDERS</td>
<td>HELP NEEDED</td>
<td>HELP NEEDED</td>
<td>Nicki Muir</td>
</tr>
<tr>
<td>Afternoon</td>
<td>HELP NEEDED</td>
<td>HELP NEEDED</td>
<td>HELP NEEDED</td>
<td>HELP NEEDED</td>
<td>Nicki Muir</td>
</tr>
</tbody>
</table>

NO LUNCH ORDERS THIS FRIDAY 3RD JUNE

Lolly Day Friday 3rd June

SCA Walking Club

No Walking club this Friday 3rd June as the Walkathon is on.
Have you ever wondered what the difference is between anxiety, worry and fear? What exactly is anxiety anyway? And, what can you do about it? My name is Jacqueline Hogan and I am the Student and Family Counsellor assigned to St Clare of Assisi.

I am running a parent information session to provide you with a clear understanding of the difference between anxiety, worry and fear. Followed by Q&A. Questions can be submitted on day in person or in the question box on arrival (anonymously, if preferred).

My goal is to provide families with practical strategies for managing stress, worry and anxiety.

WHEN:
On Thursday 2nd June, 2016
3:30 – 4:30pm
WHERE:
the library at St Clare of Assisi, CONDER

Included in this session will be books on display and other resources for children and families. The session will conclude with a brief meditation session followed by afternoon tea (provided).

RSVP: Karen Snowball – 6294 1860 or karen.snowball@cg.catholic.edu.au

Craft Stall Donations

Calling all Crafty Mums and Dads (grandparents, aunties & uncles)!!!
The SCA fete craft stall are looking for donations of handmade items for the craft stall at the fete.

Just make what you love to do or if you need some inspiration here are a few ideas: · Baby booties · Scarves · Hats · Bags of any type · Dress up costumes · Card and gift tags; and · Jewellery Items can be left at the front office.

Contact stall coordinator Karen Snowball 6294 1860 or karen.snowball@cg.catholic.edu.au

Donations of tuille, material, ribbon, anything crafty and craft pegs would be very much appreciated.
CONGRATULATIONS

Congratulations to Regan Carr and William O'Malley who have made it into the ACT U12 Rugby League team to compete in the national championships in Canberra in August 2016.
Great work to all boys who tried out.

SCHOOL BANKING

Our Star Banker of the week is
Kalan To from 3 Red

Congratulations Kalan!
A great prize is coming your way.
Don’t forget once you have 10 tokens you can redeem a reward!
Available right now are
Mud Splat Handball
Flying Snake Tail
Wildlife Writer Set
Outback Pat Bag Tag

Netball 28 May
Player of the Week and Match Reports

Stars – Gemma Noble
Swifts – Sophie Cooper
Sunshines – Taylah Muller and Milli Fisher
Slushies – Jana Milenkovic
Skittles – The whole team
Sparkles – The whole team
Smurfs – Jessica Cooper
Smarties – Sophie Vassallo
Superstars – Lara Smith
Smiggles – The whole team

Sunshines Match Report

Despite a late night at the disco the night before, Sunshines turned on a beautiful performance this week. Kayla, Faye, Geneva and Samantha worked excellent plays in the circle against difficult defence, with Mili and Zoe providing amazing support from the wings.

Aluel, Angela and Samantha combined to form a superstar line of defence. And last but not least Taylah was an absolute standout bringing it all together with her energy and performance as C for the entire game!!

As coach however the highlight for me was the number of times I saw our girls helping out players from the other team who were still learning the rules, even if it meant making life trickier for themselves! They truly are a little team of Sunshines!! Great job girls.
This term Year 5 has been investigating space, learning about planets within the Solar System and the role of the Sun. Last Thursday we were very fortunate to have Mr James Webb visit us and share his wealth of knowledge about Space. Not only did Mr Webb have us all on the edge of our seat, but he also spent a great deal of time answering all kinds of student questions about space. An expert in the field, Mr Webb is an instrument scientist at Stromlo Observatory.

“I learnt that the Sun is made of different gases.” - Grace Elmoudwar 5 Green

“I found out a lot of interesting things about space. Mr Webb is SO good at space things.” - Koby Dubbert 5 Green

“Mr Webb’s talk was amazing! I would be honoured to have him talk to us again.” – Sophie Wallace 5 Green

“I found out that an answer to some things is ‘I don’t know’ because no one knows everything about space. There is still a lot to be learned.” – Kurtis Elliss 5 Red

“Space and Science is like vanilla and chocolate ice cream. I love tasting them and they go together perfectly. They are both great.” – Hunter Rose 5 Red

“It was great fun! I learnt that there is no other planet that we could live on, but the scientists are really interested in Mars.” – Mia Barry 5 Blue

“What I found really interesting was that Mr Webb said that there are so many galaxies and there could be human life in different solar systems.” - Bivu Ahmed 5 Red

“Mr Webb was extremely interesting and he showed us a ton about space. We learnt loads of new things!” – Annica Barber 5 Red

“It was great to learn about all the different telescopes and what they do. We also learnt more about the Solar System.” - Caitlyn Hill 5 Blue

“I loved it so much when we learnt so much more about space.” – Seth Ullrich 5 Green
to all our wonderful parent volunteers!
Catholic schools provide educational choice for students with additional learning needs and their families.

Find out more at SchoolFundingFacts.com

Authorised by Ross Fox, National Catholic Education Commission, Level 3, 156 Gloucester St, Sydney.

Community Notices

The Journey THROUGH ADOLESCENCE

The Program is called The Resourceful Adolescent Program for Parents (RAP – P). This program is suitable for parents and carers of children attending primary school years 5 & 6 and secondary school students attending years 7—12.

RAP – P will help you:

• Help your teenager to develop a healthy self-esteem
• Help your teenager to gain independence while still feeling safe and part of the family
• Manage your stress so you can do your best job as a parent
• Prevent and manage conflict with you teenager
• Promote harmony in your family

The course is offered 3 hours per week over a 3 week period.

DATES: 15th, 22nd & 29th June
TIME: 6pm—9pm
VENUE: 57 Hicks Street, Red Hill
FEE: $80 (Concessions available)
Fee includes light supper & course materials

Bookings Essential
Contact 6162 6100

TARA’S ANGELS ROUND

#TOGETHER WE ARE STRONG

WHEN
Saturday 4 June 2016
9am-4pm

WHERE
Gordon Oval 102/104
Middle St, Gordon

SHOW YOUR SUPPORT:
- Entry via gold coin donation at the ground
- Players to wear blue arm bands, available for purchase at the canteen.

Tara’s Angels provide long term specialist support for women who suffer from family or domestic violence—at no cost to them.

- 8 Junior AFL Games
- AFL fan zone
- Tara Costigan Foundation marquee

#TOGETHER WE ARE ONE AFL COMMUNITY

Judo

An Olympic sport since 1964

Training
Tuesdays and Thursdays
6.00pm - 7.30pm
Lanyon Vikings Club
(Heidelberg Crescent, Conder)

• Fun
• Fitness
• Self Defence
• Recommended cross-training for Rugby Union, Rugby League and several other sports
• 6 years to Adults
• Qualified NCAS Instructors

Mention your school to receive two FREE lessons!

Contacts: Robyn Hayes – 0402 202 392
John Fairhall – 0412 486 335

Ni Bonchi Judo Club Inc.
email: nibonchi@iinet.net.au

Affiliated with:
Judo Federation of Australia, International Judo Federation, Oceania Judo Union, and Australian Olympic Committee
and
The Vikings Group

Proudly Supported by

Tara’s Angels provide long term specialist support for women who suffer from family or domestic violence—at no cost to them.

- 8 Junior AFL Games
- AFL fan zone
- Tara Costigan Foundation marquee

#TOGETHER WE ARE ONE AFL COMMUNITY

Tara Costigan Foundation