Dear Parents and Carers,

**WORKING BEE THANK YOU**
Special thanks to the families who came along today to support our Working Bee on Sunday! We planted plants, pulled weeds, pruned shrubs and spread 20 cubic metres of mulch! A huge effort. Thank you.

**SCIENCE WEEK THANK YOU**
Thanks to our fabulous school community on a very successful Science Week culminating in our open afternoon last Thursday. The library was a hive of activity with loads of wonderful experiments, parent presentations and a visit from teachers and students from MacKillop College. Congratulations to all the student winners and special thanks to Belinda Breen and her helpers for all the wonderful organisation. Well done!

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**Fathers Day Breakfast**
Have you sent back your RSVP?
We require all RSVP’s by 30th August for Catering purposes. Your tickets will be sent home with your eldest child through the blue bags.
NO RSVP = NO TICKETS

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**Did you bake for Grandparents Day??**
We have a number of unnamed containers still in the Front office, if you are missing items please pop in and have a look.
MANY THANKS.
WHEN YOUR CHILD IS ACCUSED OF INAPPROPRIATE BEHAVIOUR OR BULLYING

In recent years we have tightened up our policy and behaviour management steps to deal with inappropriate behaviour. Fortunately, the occurrences of inappropriate behaviour have dropped but we are not getting complacent. We deal with each case independently and work with families to deal with the issue. Both sides of the issue! I believe it is important to ensure that privacy and respect are maintained, so families involved may not always know the specific outcome or consequence.

Would you like me talking about your child or your specific circumstances to another family?

The answer is probably no, so we respect privacy and work with each family with this in mind. The consequences of inappropriate behaviour are dealt with confidentially between the school, the child and their family. Trust us, inappropriate behaviour is dealt with.

An important element of the process is to support the perpetrator and their family, just as much as the victim. So what should parents do when their child is accused of being a bully or acting inappropriately? The first step is always to work closely with us at school. We are experienced in working with students and helping them manage their behaviour.

What can you do?

• Take a deep breath. It’s normal to experience a mixture of denial, panic and defensiveness. Remember this is a description of behaviour that your child is exhibiting today, it is not who they are in their entirety, nor who they will be forever, if you respond and get help.
• Focus on staying calm and listening to what’s being said. While you may not want to hear it about your own child, it is important to listen.
• Take time to process the information. Once you have the information, take time for yourself to process how it makes you feel, so that when you approach your child, you are calm and in control of your own emotions.
• Talk with your child. The goal is to get the facts – a calm, non-judgmental discovery process. Do you know what they are talking about? What happened? Is any of it true? Stay calm and make it safe for your child to tell the whole story. Explain that whatever happened, you are going to help resolve the situation.
• Be the grown-up. “Can you help me see why the other kid sees it their way?” you might ask. “How would you feel if he did that to you?” Try to understand the antecedents – insecurity, anger, teasing, peer dynamics, or something going on at home.
• Teach your child responsibility. Even if your child swears the other child started it, they are responsible for owning their contribution. Let your child know you are going to make sure it doesn’t continue. Help your child make amends. The school can be of help here as problems rarely happen in isolation and may have already surfaced at school.
• Give your child social-emotional tools. Teach face-saving ways to deal with conflict and how to avoid escalating drama, like walk away, tell a teacher.
• Get help. This should include contacting the school or, in serious cases, getting a professional evaluation of the child to identify possible anxiety, depression or inability to read social cues.
• Support growth and change. The best message, is that life is full of opportunities to reinvent ourselves if we are willing to do the hard work of owning our mistakes, understanding the feelings and behaviours involved and getting new strategies for developing new and better behaviours.

The most important thing is to be honest, responsive, and accountable.

Have a good week,

Brad Gaynor
Principal
brad.gaynor@cg.catholic.edu.au
This term at St Clare of Assisi, our community outreach will be focused globally. Our school will again be supporting Global School Partners and their work with underprivileged schools overseas.

Our partner school is St Joseph’s School in Kenya. Last year we were able to raise money which helped the school build new toilets and employ well-being officers who work in the school teaching the children about basic hygiene practices.

This year we would like to help them further improve the toilet block by adding doors to the cubicles, providing hand washing facilities and ensuring the well-being officers can continue their valuable education and support of the children.

So to raise some money for St Joseph’s school, we will be having two ‘Monday Movie Marathons!’

At lunch time on Monday of Week 7 and Week 8, for a $2 entry fee our students will be able to come to the hall with their lunch to watch a short ‘G Rated’ movie. They will receive entry to the movie and a small treat for their $2.

It is voluntary but the more money we raise, the more support we can offer to our friends at St Joseph’s school, Kenya!
Congratulations to the following Award Recipients

<table>
<thead>
<tr>
<th>Kindergarten</th>
<th>Jacob Beckett, Jacob Gillespie, Preston Redmond</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 1</td>
<td>Bailey Emblen, Isabella Exposito, William Flint, Lincoln Konz, Aiden Smith</td>
</tr>
<tr>
<td>Year 2</td>
<td>Elyse Fowler, Emily Hansen, Sebastian Jones, Blake Shannon</td>
</tr>
<tr>
<td>Year 5</td>
<td>Ashley Otero, Seth Ullrich, Sophie Wallace</td>
</tr>
<tr>
<td>Year 6</td>
<td>Laura Clee, Rhys Haynes, Gabriela Noveras</td>
</tr>
</tbody>
</table>

White Cards are given out to the children on Friday morning at the 8.50am assembly.

### Canteen Roster

<table>
<thead>
<tr>
<th></th>
<th>Thursday 25th August</th>
<th>Friday 26th August</th>
<th>Monday 29th August</th>
<th>Tuesday 30th August</th>
<th>Wednesday 31st August</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Morning</strong></td>
<td>E. Mowlam</td>
<td>HELP NEEDED</td>
<td>HELP NEEDED</td>
<td>K. Flask</td>
<td>L. Ryan</td>
</tr>
<tr>
<td></td>
<td>A. Bryant</td>
<td></td>
<td></td>
<td>N. Muir</td>
<td></td>
</tr>
<tr>
<td><strong>Afternoon</strong></td>
<td>HELP NEEDED</td>
<td>H. Philippa</td>
<td>HELP NEEDED</td>
<td>N. Muir</td>
<td>HELP NEEDED</td>
</tr>
</tbody>
</table>

### Panadol and Antihistamine

We have had an increase in children regularly requiring Panadol and Antihistamine. If your child requires either on a regular basis please supply the school with the medication, clearly marked with their name, year level and the amount and time to be administered. If your child requires panadol for injuries or braces etc, please send in the medication for the day. You are required to fill out a “Consent to Dispense Medicine” form anytime you require medication administered. This form can be found on the website.

We have a supply of panadol for emergencies only. Just a reminder that all medication is to be kept at the Front Office, not in your child’s schoolbag.

Ice Packs: If your child has sustained an injury at home or on the weekend and requires icepacks during the day, please send an icepack in from home for your child.

### SCA Coffee Club

Will meet at Coffee Guru Lanyon this Friday at 9am. Once Spring arrives we will resume our walking club!

The Parent Network

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When: Monday Mornings during School Terms
Time: 9am - 11am
Where: SCA OSHC Room (After School Building)
Who: It is open to all in our community for parents with babies to preschool aged children
Sign in: At the OSHC room
Congratulations

Another massive effort by Max Curry (6 Red) and Sophie Tindale (6 Blue) who have been selected in the boys and girls ACT Under 13’s State Hockey Teams.

They will be attending the National Championships in Perth from 28th September to 8th October 2016.

New ACTION weekday and weekend bus timetable will commence Saturday 27 August 2016. There will be a range of timing changes and some new routes.

A reminder that there are also a range of changes to dedicated school services as well as regular route services that will affect students. We are encouraging families to plan their travel in preparation for Monday 29 August 2016.

A detailed list of all changes is available on the Transport Canberra website – transport.act.gov.au

Basketball Players Wanted

Tuggeranong Southern Cross Basketball Club is now taking registrations for the upcoming summer season, and we are running “Come and Try” sessions for Under 10s (born 2008 or after) at Tuggeranong Stadium:

- Girls – Mon 29th August and Mon 5th September 5 pm – 6 pm
- Boys – Tue 30th August and Tue 6th September 5 pm – 6 pm

Basketball is a fun team sport, and we have teams for all ages and for all standards (no experience required).

For information visit tuggeranong.basketball.net.au or email info@southerncrossbasketball.net

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GOOD LUCK JENNA

Jenna Saint from 4-G will be performing in ‘The Marriage of Figaro’ at the Canberra Theatre this week. We wish her every success with her performance!

The Journey

THROUGH ADOLESCENCE

The Program is called The Resourceful Adolescent Program for Parents (RAP – P). This program is suitable for parents and carers of children attending primary school years 5 & 6 and secondary school students attending years 7—12.

RAP – P will help you:
- Help your teenager to develop a healthy self-esteem
- Help your teenager to gain independence while still feeling safe and part of the family
- Manage your stress so you can do your best job as a parent
- Prevent and manage conflict with you teenager
- Promote harmony in your family

The course is offered 3 hours per week over a 3 week period.

DATES: 7th, 14th & 21st September
TIME: 6pm—9pm
VENUE: 57 Hicks Street, Red Hill
FEE: $80 (Concessions available)
Fee includes light supper & course materials

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Bookings Essential

Contact

6162 6100

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How to win a $50 Westfield voucher!

SCA have been lucky enough to be asked to display our Book Week artwork. The display is set up outside Donut King at Westfield Woden. Story-time will also be available for all children to attend at 10am and 4pm daily from the 22 - 26 August.

Take a photo with the display and email the photo to Mrs Austin, by Wednesday 31st August for your chance to win a $50 Westfield voucher.

katherine.austin@cgcatholic.edu.au

Visit our fantastic display at Westfield Woden from now until the 26th August.
**Kinder Display**

the book

**PERFECT**

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**Year 1 Display**

**MR HUFF**

This book was the Children's Book Council of Australia Book of the Year WINNER for Early Childhood

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**Year 2 Display**

**THE COW TRIPPED OVER THE MOON**
Year 3 Display
PIRANHA’S DON’T EAT BANANAS

Year 4 Display
OLLIE AND THE WIND

Year 5 Display
SURI’S WALL

Year 6 Display
MY DEAD BUNNY
What a wonderful week we had at St Clare of Assisi last week. We celebrated National Science Week with lots of great homework investigations, presentations by parents and an open afternoon. Thank you to the Community Council representatives for judging the science investigations, and for sponsoring the event to provide the fantastic prizes.

A special thank you to Kathryn Black and St Mary MacKillop College students, Ryan Breen, Amanda Brown, Victoria Franklin, David Ferguson, Callum Heinrich, Rob Tunningley and James Webb for taking time to share their expertise with us, and St Mary MacKillop College for supplying us with equipment. It was fantastic to see and hear lots of people talking about Science at home, in classrooms, on the playground and during our open afternoon.
SCA OSHC VACATION CARE

September/October Vacation Care Program and Booking Form now available. They can be downloaded from the school website or contact OSHC on 6294 8004. Bookings close Friday Week 9 (16/9/16).

If your child has not attended OSHC this year you will be required to fill out a 2016 Enrolment Form to attend Vacation Care.

This Vacation Care includes:
* Tidbinbilla Nature Reserve Excursion
* Move with Me Day
* Canberra Zoo Excursion
* Gymnastics Excursion
* Cotter Excursion
* Q2U are visiting
* Disney Day

The Music Centre has recently received a set of drums generously donated by Mr Brendan Keeley and his children Mikayla and Braydan.

The staff and all the students would like to say a big thank you to Mr Keeley for adding to the resources and for also bringing new excitement to music engagement.

Year 5 Camp Payments

Payment for the Year 5 Camp must be made before the children depart for camp. You can make your payment by instalments but the total amount must be paid by:

Monday 12th September 2016.

Payment can be made by: Cash at the Front Office, EFTPOS at the Front Office, Credit Card by phone or at the Front Office.

Please DO NOT use the BPAY code on your school fees.

If you are experiencing difficulty please contact Jo McCarthy on 6294 1860 this week.

BOOK CLUB
Closes next Friday 2nd of September.
An assortment of weird and wonderful characters will take you on a journey through Wonderland when you come to see SCA’s production of Alice of the Wardrobe. You’ll meet known characters such as Alice, the Red King and Queen, the White Queen, Twitter Dumb and Twitter Dee, the Mad Hatter and even Cat in the Hat will make an appearance. There are dancing flowers, dancing cards and a wild bunch of animals.

Tickets on sale now!
Make sure you get your order form in before the end of term. The order form can be found on the school website under the Parents - Notes tab.

Performances are:
Tuesday 25th October - 7pm
Wednesday 26th October - 7pm
Friday 28th October - 7pm
Saturday 29th of October - 2pm
FATHER’S DAY BREAKFAST

Friday 2\textsuperscript{nd} September 2016
from 7:30am

Sausage Sandwich        Bacon and Egg Roll        Tea/coffee

To help with catering, if you and your SCA children would like to come for breakfast, please RSVP with the form below and return the form by Tuesday 30\textsuperscript{th} August 2016.

\textit{If you can assist on the day, please return the slip below. Remember many hands make light work.}

(Please note that the children must be supervised until the usual time of 8:30am)

RSVP Father’s Day Breakfast
Please return to the Front Office by Tuesday 30\textsuperscript{th} August 2016

We are coming to the Father’s Day Breakfast on Friday 2\textsuperscript{nd} September 2016

Family Name:________________ ____________________________________________
Eldest Child’s Class _______________

Number of people attending: _______________

Please indicate with a number:

Bacon and Egg Roll
Sausage Sandwich

I am available to help at the Father’s Day Breakfast on Friday 2\textsuperscript{nd} September

Name:______________________________________________________________

Contact number:____________________________________________________
Eldest Childs class:__________________________________________________

Your RSVP is very important:
Again this year, we will be sending home tickets for B & E Rolls and Sausage sandwiches, NO RSVP = NO TICKET, please note this is for SCA children only.