Dear Parents and Carers,

THINK U KNOW – Cyber Safety
Last night’s cyber safety presentation by the AFP was extremely thought provoking and thank you to the parents who attended.

The presentation was conducted jointly by the AFP and Microsoft. Some of the key points and tips raised included:

Privacy
- Turn off location and GPS settings on devices and make all settings private;
- Social Media such as, Facebook, Snapchat, Twitter, Instagram have age restrictions - usually 13 and are not designed for children, but if your child has access – know their login details;
- Passwords need to be at least 8 characters and include letters, numbers and symbols;
- Secure websites begin with https or a padlock symbol.

Relationships
- Do not talk to people online unless you have met them in real life;
- Online offenders can be any age or race;
- Never send photos or post personal information to people you don’t know online;
- Ensure children know what to do or what actions to take if something happens online;
- A recent study of Year 10-12 students showed that 50% had sent or received a sexually explicit photo and 25% had sent something involving themselves.

Other key points
- Children are accessing the internet at a younger age more than ever before;
- The best role models are parents and teachers;
- Encourage offline activities;
- Young people are often reluctant to confide in parents about cyber bullying for fear of technology or device bans;
- Turn off all devices an hour before bedtime and devices left charging in another room;
- Don’t give out any private information over the internet or through mobile phones about you, your family, friends or other people that you know;
- Establish open communication with your children and know what they are doing online.

For more information, you can visit www.thinkuknow.org.au

Just a reminder Term 1 school fees are now overdue. Please contact Jo McCarthy on 6294 1860 if you require any further information.
SPORTS GRANTS POLICY
Recently the Community Council ratified a Sports Grants Policy designed to provide financial assistance to St Clare of Assisi students towards the cost of travel, accommodation, uniforms or equipment when competing in school related sports events interstate. Who qualifies for assistance?

1. Students from Kindergarten to Year 6;
2. Students participating in interstate activities organised under the School Sport ACT (SSACT) umbrella (see SSACT https://www.schoolsportact.asn.au/ for further guidance on list of available sports);
3. Students who have not already been the recipient of a grant in the same calendar year.
4. The amount per student is $250 per calendar year. Please see me for further details.

PROGRESS REPORTS & 3 WAY CONFERENCES
Progress reports will be sent home this Friday 1st April and then 3 Way Conferences are next Monday and Tuesday. Please make sure you have booked an appointment with your child's teacher. Teachers will not be making appointments for parents. It is a parent’s responsibility to make the appointment.

WINTER UNIFORM
It is time to get the winter uniforms out and dust them off. We will be wearing it when we return for Term 2 on Tuesday 26th April. We will have the usual few weeks of change over, but students are expected to wear correct winter uniform.

2016 ENROLMENT
2016 Enrolment Period
2nd May until 20th May
Open Day Thursday 12th May

Enrolment time will be on us again in a few weeks. If you have a little one ready for school in 2016 or you know of anyone interested in looking at our fantastic school for their children, the enrolment packs will be ready for the beginning of the new term. Our Open Day will be in Week 3 – 12th May.

CATHOLIC SCHOOLS SOCCER CARNIVAL
Thank you to Ben Sweeney for organising the St Clare of Assisi teams for the Catholic Schools Soccer Carnival this Sunday at University of Canberra. The carnival is usually a great day with lots of friendly competition amongst our Catholic school teams.

Have a good week.

Brad Gaynor
Principal
brad.gaynor@cg.catholic.edu.au
Easter Prayer

God of Promise
and God of Hope,
who through
your great mercy
have granted us
new birth through
the death and
resurrection of
Jesus Christ,
we praise your
wonderful name!
God of Glory
and God of Might
who through
your great power
have granted us
new strength
to endure all
things through
faith in Christ our
risen King, we
praise your
wonderful name!

@SarahKiczek
White Cards

White Card Recipients
Week 9 Term 1
Congratulations to the following students:

<table>
<thead>
<tr>
<th>AWARD RECIPIENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ethan Le Page</td>
</tr>
<tr>
<td>Erin Armstrong</td>
</tr>
<tr>
<td>Sebastion Lukasik</td>
</tr>
<tr>
<td>Jenny Atkinson</td>
</tr>
<tr>
<td>Nikita Maloney</td>
</tr>
<tr>
<td>Kurt Baumhammer</td>
</tr>
<tr>
<td>Jaiden Masaga</td>
</tr>
<tr>
<td>Aidan Brown</td>
</tr>
<tr>
<td>Victoria Moroglou</td>
</tr>
<tr>
<td>Madison Chan</td>
</tr>
<tr>
<td>Ethan Muller</td>
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<tr>
<td>Mark Clanor</td>
</tr>
<tr>
<td>Angus O’Brien</td>
</tr>
<tr>
<td>Laura Crocker</td>
</tr>
<tr>
<td>Lucas O’Dea</td>
</tr>
<tr>
<td>Will Garner</td>
</tr>
<tr>
<td>Haren Rupanagudi</td>
</tr>
<tr>
<td>Vinuki Geeganage</td>
</tr>
<tr>
<td>Aiden Smith</td>
</tr>
<tr>
<td>Raahi Karan</td>
</tr>
<tr>
<td>Kayla Walker</td>
</tr>
<tr>
<td>Julian Kennedy</td>
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<tr>
<td>Jean Whitby</td>
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</table>

White Cards are given out to the children on Friday morning at the 8.50am assembly.

ATHLETICS CARNIVAL 8th April
Canteen assistance required. Please contact Michelle if you are able to assist. Thanks in Advance

Canteen Roster

<table>
<thead>
<tr>
<th></th>
<th>Thursday 31 March</th>
<th>Friday 1 April</th>
<th>Monday 4 April</th>
<th>Tuesday 5 April</th>
<th>Wednesday 6 April</th>
</tr>
</thead>
<tbody>
<tr>
<td>Morning</td>
<td>T. Navodanie</td>
<td>K. Blenkin</td>
<td>S. O’connor</td>
<td>N. Muir</td>
<td>J.A. Price</td>
</tr>
<tr>
<td></td>
<td></td>
<td>K. Filipovic</td>
<td>T. Navodanie</td>
<td>C. Tunninzley</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. David</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Afternoon</td>
<td>HELP NEEDED</td>
<td>H. Philippa</td>
<td>HELP NEEDED</td>
<td>N. Muir</td>
<td>O. Chan</td>
</tr>
</tbody>
</table>
A big thank you to Year 6 Blue who hosted the pre-schoolers from Lavender Lane for their visit last week.

Mrs Caragh and the leaders taught the pre-schoolers a special Easter dance and helped the pre-schoolers make a special Easter Basket.
Junior First Aid

Would your child know what to do if they cut themselves and were bleeding?

Does your child know the number to ring to save a life in an emergency?

First Aid Skills Are Life Skills

St John Ambulance believes in empowering our children and youth to be capable in first aid situations.

Junior First Aid is a course designed specifically for 8 to 13 year olds to build their confidence and skills in dealing with first aid situations.

The course includes:
- Good first aiders
- Calling 000
- DRSCABCD incl CPR
- Shock and Fainting
- Burns
- Eye injuries
- Use of Ice
- Sprains
- Fractures
- Bites and Stings
- Heat Illness

...and class participation, demonstration and practice of skills as well as some fun and games.

Affordable One Day Courses in School Holidays: 9am to 5pm*

Perfect for Cub, Scout and Guide achievement badges

Students should wear suitable clothing for practising first aid, including on the floor, and bring a packed lunch, hat and a water bottle. Parental permission will be required.

Please see our website or contact our customer service staff for further details or to make a booking.

* Course content finishes by 4pm, supervision provided to 5pm

Junior First Aid

Parent Network

SCA Walking Club

We will walk this Friday 1st April (no joke!) We will meet at Coffee Guru at 9.15am then walk around Gordon Pond & on our way back stop at Coffee Guru. You are most welcome to meet up with us at Gordon Park or we will be back at Coffee Guru at 10am.

We look forward to seeing some new faces!!

The Parent Network

Raiders Masterclass School Holiday Clinic

When: Thursday 14 April 2016
Where: Raiders HQ, 2 Eade Street Bruce, Canberra.

Masterclass Activity Summary:
- 8.30am – Registrations open
- 9.00am – Allocation into groups
- 9.15am – Welcome and overview
- 9.30am – 1.30pm
  - 4 x skills rotations (each 30 minutes)
  - Players/Kids breakout session – Wellbeing information and Q & A time
- Lunch with players and group photo
- 1.30pm – Close / Clinic packs distributed / Kids collected by parents/guardian

PLEASE REMEMBER TO BOOK YOUR 3 WAY CONFERENCE TIMES ON PTO
Larissa Dann

PARENT EFFECTIVENESS TRAINING (P.E.T)
Supported by Parentline ACT

Communication skills for peaceful parenting and resilient children (without the use of punishment or reward). Helps develop emotional intelligence, and grow confident, considerate children. Powerful, proven and practical. Yell less, enjoy your children more. Build relationships that last a lifetime.


The 24 hour course consists of three-hour sessions, once per week, for eight weeks. Booking is essential. $360 pp for the course (investment includes a workbook and textbook).

Courses begin either: Wednesday, 4th May or Thursday, 5th May, 2016 (minimum number of participants required);
Time: 6.30 pm to 9.45 pm; Place: Weston, ACT.

Enjoy P.E.T. with Larissa, Canberra’s most experienced P.E.T. instructor.
0413 451 607 www.parentsskills.com.au info@parents skills.com.au